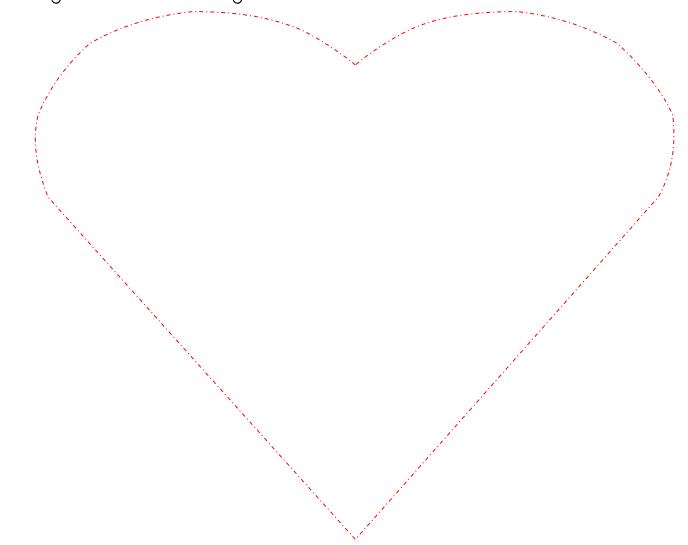
## Heart Notes

Write words or phrases that answer the questions...

How's your heart? What is in your heart?



What grabs your attention from what you wrote down...any themes, patterns, words that draw your attention more than others?

Is there an action that God is calling me to based on what is in my heart right now?

Does what I'm hearing line up with Scripture?

Is it consistent with God's character?